

## 2010 Greyhound Invitational Relay Meet

|                |   |  |                       |
|----------------|---|--|-----------------------|
| Date:          | February 6th, 2010  |  |                       |
| Location:      | Central Aquatic Center, Marietta, Ga. ← new for 2010  |  |                       |
| Warm ups       | 2:30 p.m.   | Start Time   | 3:30 p.m.( tentative) |
| Entry Fee      | \$175.00 per team for the limited entries** -- see below<br>\$225 per team for unlimited entries  |  |                       |
|                | Payable to: Pope Swim and Dive Boosters.  |  |                       |
| Entry Deadline | Monday Feb. 1 <sup>st</sup> , 2010 use the Team Manager Download file and e-mail entries.   |  |                       |
| Scoring        | Maximum of two relays for each team will score for points; this will be based on their performance. You will only be allowed to enter 3 relays per event.** |  |                       |
| Contact        | Chris Haon<br>(404) 966 1335  | <a href="mailto:chris.haon@cobbk12.org">chris.haon@cobbk12.org</a> |                       |

### Order of Events

1,2-200 Medley Relay

3,4-200 Freestyle Relay

5,6-400 Medley Relay

7,8-800 Freestyle Relay

9,10- 200 Butterfly Relay

11,12 – 400 Freestyle Relay

13,14 200 Backstroke Relay

15 , 16 – 200 Breaststroke

17 – Co-Ed 200 Free Relay

### Relay Format

Each swimmer does 50 of each stroke

Each swimmer does a 50 free

Each swimmer does a 100 of each stroke

Each Swimmer does a 200 Free

Each swimmer does a 50 Fly

Each swimmer does a 100 Free

Each Swimmer does a 50 Backstroke

Each swimmer does a 50 Breaststroke

2 boys and 2 girls swim a 50 Free each

17.5 Coaches Relay

Coaches swim an 8 x 25 free relay

18 Senior Relay

Seniors will be allowed to dress up and swim. This event will be swam as exhibition and will not score.

\*\* no jackknives, no cannon balls, no flips please!!!

- Between Event 17 and 18 we will have a coaches relay! Be sure to bring your swimsuit!
- Event 18: Event 18 is for Senior Swimmers only. This event will be swum as exhibition and will not score. Seniors are encouraged to display their school spirit! It can be swam as an 8 x 25 or how they see fit. We only ask that swimmers show respect to each other and obey all safety rules of the pool. Please

only 1 swimmer in the water at a time. If you have never been to Greyhound Relays before you are in for a treat!!

- As always no food on deck. Please set up your food outside on the patio.
- We are asking that each school provide 2 timers.
- We will have a full concession stand available at the meet.
- Please let your parents know we will be charging admission to the meet and heat sheets will be available for sale.
- Each Swimmer may swim in a maximum of four relays.
- Please let me ( [Chris.haon@cobbk12.org](mailto:Chris.haon@cobbk12.org) ) know how many swimmers you are planning on bringing so I can assign warm-up times.

**NEW FOR 2010!!!**

- **Each team may enter up to three relays per event if you choose the \$175 fee, If you pay \$225 your team will have unlimited entries in each relay.**