

# Pope Swim & Dive 2009—2010

## October 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12 <i>Conditioning @ Pope 4:00 - 6:00 p.m.</i>	13 <i>Conditioning @ Pope 4:00 - 6:00 p.m.</i>	14 <i>Conditioning @ Pope 4:00 - 6:00 p.m.</i>	15 <i>Conditioning @ Pope 4:00 - 6:00 p.m.</i>	16 <i>Conditioning @ Pope 4:00 - 6:00 p.m. PHYSICALS DUE!!</i>	17
18	19 <i>Fresh &amp; Soph Tryouts 6:15—8:15 p.m. @ Mnt. View</i>	20 <i>Juniors &amp; Seniors Tryout 5:00 - 7:00 p.m. @ Mnt. View</i>	21 <i>EARLY RELEASE DAY Practice 6:15 - 8:15</i>	22 <i><b>Mandatory Team Meeting</b> 3:45 - 4:45 Room 96 @ Pope</i>	23 <i>Practice 5:30 - 7:00 am @ Mnt. View</i>	24
25	26 <i>Practice 6:15 - 8:15 p.m. @ Mnt. View</i>	27 <i>Practice @ Mnt. View 5:30 - 7:00 am 5:00—7:00 p.m.</i>	28 <i>Kickoff Dinner 6:30 Cafeteria @ Pope</i>	29 <i>Practice @ Mnt View 5:30 - 7:00 am 4:00 - 6:00 p.m.</i>	30 <i>Practice 5:30 - 7:00 am @ Mnt. View</i>	31

# November 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 <i>Practice 6:15 - 8:15 p.m. @ Mnt. View</i>	3 <i>Election Day No School Practice @ Mnt. View 5:00– 7:00 p.m.</i>	4 <i>Practice @ Mnt. View 6:15 - 8:15</i>	5 <i>Practice @ Mnt View 5:30 - 7:00 am 4:00 - 6:00 p.m.</i>	6 <i>Practice 5:30 - 7:00 am @ Mnt. View</i>	7
8	9 <i>Practice 6:15 - 8:15 p.m. @ Mnt. View</i>	10 <i>Practice @ Mnt. View 5:30 - 7:00 am 5:00– 7:00 p.m.</i>	11 <i>Practice @ Mnt. View 6:15 - 8:15</i>	12 <i>Practice @ Mnt View 5:30 - 7:00 am 4:00 - 6:00 p.m.</i>	13 <i>Cobb Relays @ Mnt. View 5:00 p.m.  USS—Baylor Invite</i>	14 <i>Cobb Relays @ Mnt View 8:00 am  USS—Baylor Invite</i>
15	16 <i>Practice 6:15 - 8:15 p.m. @ Mnt. View</i>	17 <i>Practice @ Mnt. View 5:30 - 7:00 am 5:00– 7:00 p.m.</i>	18 <i>Practice @ Mnt. View 6:15 - 8:15</i>	19 <i>Dual Meet vs. Lovett 5:00 p.m. @ Lovett</i>	20 <i>Practice 5:30 - 7:00 am @ Mnt. View</i>	21
22	23 <i>Practice 6:15 - 8:15 p.m. @ Mnt. View</i>	24 <i>Practice @ Mnt. View  5:00– 7:00 p.m.</i>	25 <i>Practice @ Mnt. View 6:15 - 8:15</i>	26 <i>Thanksgiving Break</i>	27 <i>Thanksgiving Break</i>	28
29	30 <i>Practice 6:15 - 8:15 p.m. @ Mnt. View</i>					

# December 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 <i>Practice @ Mnt. View</i> 5:30 - 7:00 am 5:00– 7:00 p.m.	2 <i>Practice @ Mnt. View</i> 6:15 - 8:15	3 <i>Practice @ Mnt View</i> 5:30 - 7:00 am 4:00 - 6:00 p.m.	4 <i>Golden Isle Invite</i>  <i>USS—Winter Invite</i>	5 <i>Golden Isle Invite</i> <i>All Day</i>  <i>USS— Winter Invite</i>
6 <i>Golden Isle Invite</i>	7 <i>Practice 6:15 - 8:15</i> <i>p.m. @ Mnt. View</i>	8 <i>Practice @ Mnt. View</i> 5:30 - 7:00 am 5:00– 7:00 p.m.	9 <i>Practice @ Mnt. View</i> 6:15 - 8:15	10 <i>Practice @ Mnt View</i> 5:30 - 7:00 am 4:00 - 6:00 p.m.	11 <i>Practice</i> 5:30 - 7:00 am <i>@ Mnt. View</i>	12 <i>Longhorn Roundup</i> <i>@ Mnt. View</i>  <i>USS—Sr. State</i>
13	14 <i>Practice 6:15 - 8:15</i> <i>p.m. @ Mnt. View</i>	15 <i>Practice @ Mnt. View</i> 5:30 - 7:00 am 5:00– 7:00 p.m.	16 <i>Practice @ Mnt. View</i> 6:15 - 8:15	17 <i>Practice @ Mnt View</i> 5:30 - 7:00 am 4:00 - 6:00 p.m.	18 <i>Practice</i> 5:30 - 7:00 am <i>@ Mnt. View</i>	19 <i>Cobb Gwinnett</i> <i>Challenge</i> <i>Location TBA</i>
20	21 <i>Practice 6:15 - 8:15</i> <i>p.m. @ Mnt. View</i>	22 <i>Practice @ Mnt. View</i>  5:00– 7:00 p.m.	23 <i>Practice @ Mnt. View</i> 6:15 - 8:15	24 <i>Winter Break</i>	25 <i>Winter Break</i>	26 <i>Winter Break</i>
27	28 <i>Practice 6:15 - 8:15</i> <i>p.m. @ Mnt. View</i>	29 <i>Practice @ Mnt. View</i>  5:00– 7:00 p.m.	30 <i>Practice @ Mnt. View</i> 6:15 - 8:15	31 <i>Winter Break</i>		

# January 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 Hound Dive Challeng @ Central
3	4 Practice 6:15 - 8:15 p.m. @ Mnt. View	5 Practice @ Mnt. View 5:30 - 7:00 am 5:00- 7:00 p.m	6 Practice @ Mnt. View 6:15 - 8:15	7 Practice @ Mnt View 5:30 - 7:00 am 4:00 - 6:00 p.m.	8 Etowah Invite @ Central 5:00 p.m. (JV Only)	9 East vs. West @ West Cobb Aquatic 6:00 p.m.
10	11 Practice 6:15 - 8:15 p.m. @ Mnt. View	12 Practice @ Mnt. View 5:30 - 7:00 am 5:00- 7:00 p.m	13 Practice @ Mnt. View 6:15 - 8:15	14 Practice @ Mnt View 5:30 - 7:00 am 4:00 - 6:00 p.m.	15Practice 5:30 - 7:00 am @ Mnt. View	16  USS—MLK Invite
17	18 MLK Holiday Practice 6:15 - 8:15 p.m. @ Mnt. View	19 Practice @ Mnt. View 5:30 - 7:00 am 5:00- 7:00 p.m	20 Practice @ Mnt. View 6:15 - 8:15	21 Practice @ Mnt View 5:30 - 7:00 am 4:00 - 6:00 p.m.	22 Practice 5:30 - 7:00 am @ Mnt. View	23 Dual Meet vs. Norcross @ West Park 7:00 am,
24	25 Practice 6:15 - 8:15 p.m. @ Mnt. View	26 Practice @ Mnt. View 5:30 - 7:00 am 5:00- 7:00 p.m	27 Practice @ Mnt. View 6:15 - 8:15	28 Practice @ Mnt View 5:30 - 7:00 am 4:00 - 6:00 p.m.	29 County Championships @ Mnt. View	30 County Champs @ Mnt. View JV Championships @ Central
31	1 Practice 6:15 - 8:15 p.m. @ Mnt. View	2 Practice @ Mnt. View 5:30 - 7:00 am 5:00- 7:00 p.m	3 Practice @ Mnt. View 6:15 - 8:15	4 Practice @ Mnt View 5:30 - 7:00 am 4:00 - 6:00 p.m.	5 Breakfast @ IHOP	6 Greyhound Relays @ Central

# February 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <i>Practice 6:15 - 8:15 p.m. @ Mnt. View</i>	2 <i>Practice @ Mnt. View 5:30 - 7:00 am 5:00- 7:00 p.m</i>	3 <i>Practice @ Mnt. View 6:15 - 8:15</i>	4 <i>Practice @ Mnt View 5:30 - 7:00 am 4:00 - 6:00 p.m.</i>	5 <i>Breakfast @ IHOP</i>	6 <i>Greyhound Relays @ Central  USS—Raus Invite</i>
7	8 <i>Practice 6:15 - 8:15 p.m. @ Mnt. View</i>	9 <i>Practice @ Mnt. View 5:30 - 7:00 am 5:00- 7:00 p.m</i>	10 <i>State Diving @ Marist 1:00 p.m. Practice @ Mnt. View 6:15 - 8:15</i>	11 <i>State Prelims @ Westminster 5:00 p.m. State Championships</i>	12 <i>State Team Dinner @ Coach Haon's House</i>	13 <i>State Finals @ Westminster 1:00 p.m. State Championships</i>
14	15 <i>Presidents Day No School</i>	16	17	18	19	20
21	22	23	24	25	26	27
28						