

# Pope Swimming

## Overnight Meet Information & Itinerary

### Hotel Information

King and Prince Hotel & Resort -

<http://www.kingandprince.com> 912 - 638 - 3631

Pool Information – Golden Isle Invite @ Brunswick YWCA

Brunswick YWCA, 144 Scranton Connector, Brunswick, GA

Pool is located behind the Brunswick Mall, Meet starts at 10 am

There will be a concession stand at the pool.

Coach Haon's cell phone – 404 966 1335

### **\*\*What to bring:**

All your normal swim stuff

toothbrush, shampoo, etc

Parka/windsuit/sweatshirt

Nice clothes to go out to dinner in.

Extra towels

2 changes of clothes

Pillow/blanket

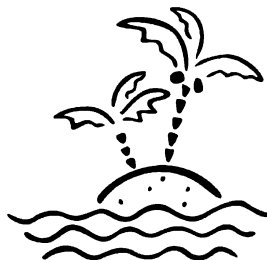
Camera and xtra batteries

iPod and charger

Money for 2 lunches.

PSP/Portable DVD

\*\* You are responsible for your stuff!!!!



*To the Islands or Bust!!!*

**Pope High School Swim Team Meet Information**  
**Golden Isle Invite**  
**Brunswick, Georgia**  
**December 5<sup>th</sup> - 7<sup>th</sup>**

**Itinerary: (all times are approximate)**

**FRIDAY 12/5/08** You must come to school on time this day...

**NO checking in late!**

- 8:00 a.m.** Leave your bags in Coach Hoover's room before school starts.
- 10:00 a.m.** Dismissal from class... Go to the bathroom if needed, get your stuff...
- 10:20 a.m.** Report to bus and load your stuff. Remember...Seniors get their pick of seats first.
- 10:45 a.m.** Coach Haon takes attendance
- 11:00 p.m.** Depart from Pope
- 12:30 p.m.** Stop for late lunch (fast-food)/restroom break OFF I-16 ( Dublin, GA)
- 5:00 p.m. ish** Arrive at hotel... get room keys, unload your bags. Exact time to meet for dinner will be given when we arrive.
- 5:30 - 7:00 p.m.** Unpack, relax, visit beach, get ready for dinner.
- 7:30- 9:00 p.m.** - Pizza on the Beach. We will order pizza for everyone.
- 9:30 - 10:45 p.m.** Hotel/Beach. **10:45p.m.** Team meeting in Hotel Lobby.
- 11:15 p.m.** Everyone in their own rooms.
- Lights out by **11:45 p.m.**

**SATURDAY 12/6/08**

- 6:45 a.m.** Wake-up, Eat Breakfast, Load your stuff for meet onto the bus.
- 7:35 a.m.** Coach Haon will take attendance
- 7:45 a.m.** Depart for the Brunswick YWCA
- 8:00 a.m.** Unload and pick a spot for the team to camp for the duration of the meet.
- 8:45 a.m.** Warm-Ups... Lanes will be assigned once we are there. You may not miss warm-ups for any reason

**9:45 a.m.** Coaches meeting

**10:00 a.m.** Meet begins

**3:00 - 4:00 p.m.** Meet concludes...this is our best guesstimate

**4:00 p.m.** - Load up on Bus, Coach Haon will take attendance, return to hotel....

**4:15 p.m.** Arrive back at Hotel

**4:15 - 7:00 p.m.** Have fun and celebrate a Pope Victory!

**7:00 p.m.** Meet at bus for dinner. Coach Haon takes attendance.

**7:15 p.m.** Depart for restaurant...Gnats Landing ☺. ( booster club pays)

**7:30 - 9:00 p.m.** Dinner... & watch the Gators beat the Tide!!!!

**9:15 p.m.** Return to hotel.

**9:15 - 11:30** - Relax and unwind!

**11:30 p.m.** Everyone in their own rooms.

### Sunday 12/7/08

**8:00 a.m.** Wake-up, Pack, , Turn in your keys, Load your stuff back onto the bus.

**8:30 a.m.** Load Bus, attendance will be taken

**8:40 - 9:30 a.m.** Breakfast at the St. Simons Lighthouse, pictures

**9:30 a.m.** Depart for home

**12:00 - 1:00 p.m.** Stop for Lunch ( you pay)

**3:00 - 4:00 p.m.** Arrive home to Pope. We will let you know when we are 30 minutes away from Pope so you can call ahead. Parents please be at Pope to meet the team bus and celebrate!!!

Coach Haon wants to remind you.....

Exceptional Behavior is expected at all times while away from Campus. If at any time a team or school rule is broken, a phone call will be made to your parents for them to come and pick you up and take you home and you will no longer be a part of the Pope Swim Team.

While in your hotel rooms, hallways and common areas please please please keep noise, voices, etc to a low roar. We will not be the only ones staying there. Hotel walls are paper thin!!! If you want to go down to the beach you must have an adult chaperone with you and let coach Haon know where you are at all times. While using the indoor pool and Jacuzzi please be considerate of other hotel guests! If you are going home with your parents and not riding the bus please let Coach Haon know.

Remember we are ambassadors of Pope High School. Let's show St. Simons and Brunswick why Pope High School is the best!

